

“Education for Survival or Development?”

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If your emotional abilities aren't in hand, if you don't have self-awareness, if you are not able to manage your distressing emotions, if you can't have empathy and have effective relationships, then no matter how smart you are, you are not going to get very far”.

Daniel Goleman

INTRODUCTION

Education is a process by which a person's body, mind and character are formed and strengthened. It is bringing of head, heart and mind together and thus enabling a person to develop an all round personality identifying the best in him or her. It is a humanizing process.

Education is for transformation, to be able to think by one self, to be able to relate to others meaningfully and to understand the world and society clearly. Without education one cannot discern what is good or bad? What is right or wrong? What is true or false? What is lovely or ugly? The purpose of education is, therefore, to make human beings capable, competent and wise to meet the challenges of life.

But the biggest question in front of us that, should present education system provides such type of education to our children and our youth? Not only this how it will be and what level it will be useful to our students? This is not the end of the issue we are more concerned about the out put and process of the education system. Basically we know that we provide the education to our children for their all round development of life. So that he or she will leave their life more independently and will be able to face any type of challenges with confidence. But the result or out put of the present education system create more problems in the life of our children. Our motive is to develop the whole individual personality of our student but in this whole development process our students always suffer a lot because they have so much stress regarding competition, grading, employment oriented career, psychological and health problem is also created in the life of our children. In short our objective is to develop student's whole personality but in the present development process of the education students will fight for their survival in terms of their livelihood, health, family relation, and also for their own mental peace.

Why we are raising this issue because we feel that just producing the good number of doctors, engineers, and teachers is not only the objective of our education system. But our vision and objective for education system is to prepare the student for any type of the adverse condition in their life. In reality we are producing only rote learner, the learner who has only one objective to win the rat race, that is employment oriented learning. And in this process real charm of learning is already neglected because ultimately the child has only one motive to become a doctor or engineer or teacher and after achieving this goal their life is just become the directionless.

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They are leaving their life but they don't have any special motive or any other objective and even the situation is so stressful that they become just one instrument to perform some task. Even situation is so worst when the individual is not even able to think about their development but they will be trying to fight for their survival in their life. Now here we are discussing fight for survival means person having a good knowledge about their professional life but in the process of development themselves as employment oriented individual. He or she forget to develop their real energy source that is to strengthen themselves for facing unforeseen situation.

Then there are number of questions What is the purpose of education? Why do we send our kids to school for a decade or more ? What is 'lifelong learning' ? In modern educational systems it often seems that all learning must relate to being 'employable', in other words that the whole purpose of our life is to make profit for someone else, i.e. effectively a form of 'economic slavery'. This view of 'education' as a form of *vocational training* (dog like) for lifelong toil (at public expense !), is anathema to any view of a child as a human being. Given a changing world, such specific training is more or less redundant, even by the time the child leaves school, hence the supposed need for 'lifelong learning', for 'workers' forever to be playing 'catch-up' to corporate whim... Such an obviously inadequate one-dimensional educational purpose must thus be strongly rejected, and we must re-evaluate both what we teach and what effect it has on the fitness of the child, and later adult, in our now global society.

Concept of holistic development

“Holistic education is a philosophy of education based on the premise that each person finds identity, meaning, and purpose in life through connections to the community, to the natural world, and to spiritual values such as compassion and peace. Holistic education aims to call forth from people an intrinsic reverence for life and a passionate love of learning”.

Defining holistic education as the cultivation of human beings who are moving towards wholeness, multi-dimensionality, and integration, we argue that the prevailing conception and practice of education privileges the rational dimension, neglects others, and hence is imbalanced. Psychologically the imbalance manifests in the predominance of the intentional, objectified consciousness of rationality that creates an instrumentalist mind-set and is responsible for prevalent exploitative attitudes and behavior. We contrast the instrumental mind-set with the intrinsic mind-set that perceives the world as sacred, which we argue is associated with attentional, non-dual consciousness that is central to holistic education today, and we offer ways to infuse the curriculum and pedagogic practice with the practice of attentional consciousness.

Holistic Development - [Integrate: SQ + EQ + IQ + PQ = True Knowledge]

A beautiful insight about PQ, IQ, EQ and SQ by Prof. Stephan R. Covey

Physical Intelligence: Wise nutrition, Consistence balance exercises Proper rest, relaxation, stress management and preventing.

Mental intelligent: Continuous, systematic, disciplined study and education Cultivation of self awareness, learning by teaching and doing.

Emotional intelligent: Self awareness, Personal motivation, Self regulation, Empathy, Social skill.

Spiritual Intelligence: Integrity (Character building) ,Meaning (Purpose of life),Voice(Self Enlightenment and motivate to other)

Lack of awareness about the concept of holistic development among the educational institutes

From the present situation in the education system we can say that present educational system is also failing its brightest students molding them into clones who are incapable of thinking for themselves. From the observation we can see that several things schools should be teaching but aren't. The real reason so many of today's kids - and adults - are unhappy and depressed. Why he believes that most of his 18+ years of education was a total waste. Can we revolutionize?

Why do we think like that?

1. Today the curriculum is just become the bunch of information only
2. The methodology for imparting the knowledge into the real learning is just mechanical only
3. Burden of syllabus create the unavoidable stress among the children
4. The situation is so worst that even the individual is losing their mental peace and harmony in their childhood level
5. The time when the child grows naturally they understand the things by their own experience but this process also becomes so mechanical and right now we believe in the artificial situational learning which basically creates lots of hurdle in the life of an individual.
6. To develop the child in terms of the result oriented or employment oriented is only the objective of the today's parents and teachers
7. Teachers who hold a more humanistic view of the purpose of education often experience stress because the meaning they assign to education differs greatly from the meaning assigned by society or their institution. It is clear in listening to the language of education that its primary focus is on knowledge and teaching rather than on the learner. Students are expected to conform to schools rather than schools serving the needs of students.

Consequences of the present education system on the child development process

“The only purpose of education is to teach a student how to live his life-by developing his mind and equipping him to deal with reality. The training he needs is theoretical, i.e., conceptual. He has to be taught to think, to understand, to integrate, to prove. He has to be taught the essentials of the knowledge discovered in the past-and he has to be equipped to acquire further knowledge by his own effort.” ~Ayn Rand

But in contrast of this, we in the education system, develop that type of system when only number game winner is the only winner and we don't appreciate any type of creativity that the child has. As a result regardless of the high sounding rhetoric about the development of the total child, it is the content of assessments that largely drives education. How is the capacity/ability to think creatively assessed in today's schools? To what extent is the typical student recognized and given respect? How often are students given the opportunity to recognize and evaluate different points of view when multiple choice tests require a single 'correct' answer? These are really a major question mark on our education system

- Unnecessary stress is created in the life of the child during their childhood level.
- Children feel that they are just the instrument to fulfill the dreams of their parents
- Their emotional development is not at all recognized in the process of mechanical development.
- Children become argumentative rather than giving positive response.
- Among the children their family becomes the least priority because they feel that no one is worried about them
- Every thing in the life they considered as like the competition only
- Their aim is to just win or getting good score in the exam is the only success.
- They don't know that how to accept the failure or fight against the failure.
- They considered that success of the life depends only on the good academic record
- Pessimistic view towards the society, family, system will increase among the students
- Because of the stress their mental physical and psychological development will be affected so adversely.
- Even after achieving the materialistic goal in their life they will be emotionally and socially disturbed in their life.
- Not only this they are so much mechanical and competition oriented that latter on their health is also deteriorated and they suffer from the different disease. Like high blood pressure, diabetes etc.....

Why individual fight for the survival, why process of development becomes the process of survival i.e. how to survive in present situation

We all know that the process of developing human being for their life start from their childhood level when ever he or she sent to the school for their mental, physical , emotional, social development. It means we want that our child should develop holistically but in reality we know that we created that type of education system where only child is considered as just the puppet of their parents and teacher. They do not get the chance to develop their inherent capacity available in every individual. Because we created the system so rigid and complex where no body knows that for what they are doing mechanical development process. Now in short we are imposing and thrusting upon them preset objectives rather than already available or existing in the system like becoming doctor, engineer, etc but we are not allow to child that they find their own way as per their creativity and ultimately an individual select the motive for their life from the available readymade basket which is given by their parent, teacher, peer group.

No doubt that in this process an individual develops their professional life but later on he or she doesn't learn how to leave life in real sense. It means that they don't have any other goal after that not only this in the process of achieving their mechanical goal they loose their relationship with their family members, friends also they suffer from several disease. And ultimately they fight for the survival for their family, health and for the mental peace.

One of the research done on the health aspect of the educated individuals in India . In India, we obtained our data only from public or university hospitals it shows that

Patients	Percentage 100%
illiterates	20%
grade school	25%
high school	35%
Higher studies	20%

Source:- Book At the hour of death By Karlis Osis, Karlis

The Indian figures are illiterates, 20% , grade school, 25%, high school ,35% and college, 20% this for India , a relatively small number of illiterates and those receiving primary education only, and a relatively large number of educated people are suffer from the several disease The average age of our patients in India was forty-eight years, hence most of our Indian patient population was born in the 1920s. It is hard to get even approximate figures of educational levels for that time, but even by using the present day figures we find that the number of high school and college educated in our sample is much higher than in the general Indian population.

Stress is an inevitable part of life. Human beings experience stress early, even before they are born. A certain amount of stress is normal and necessary for survival. Stress helps children develop the skills they need to cope with and adapt to new and potentially threatening situations throughout life. Support from parents and/or other concerned caregivers is necessary for children to learn how to respond to stress in a physically and emotionally healthy manner. The beneficial aspects of stress diminish when it is severe enough to over-whelm a child's ability to cope effectively. Intensive and prolonged stress can lead to a variety of short- and long-term negative health effects. It can disrupt early brain development and compromise functioning of the nervous and immune systems. In addition, childhood stress can lead to health problems later in life including alcoholism, depression, eating disorders, heart disease, cancer, and other chronic diseases.

In nut shall we have seen that how the process of development becomes the fight for the survival for the health , family , and for mental peace.

Role of family in the holistic development

As we have already said that the role of family in today's environment becomes just passive only they are imposing their unsatisfied desire on their small children and this become the process of development as mechanical process not only this the role of family is so demanding in the life of an individual as a result the person living not for themselves but they leave their life as the family wants them to live. And in this situation our education system is also playing a supportive role by preparing the static and complex curriculum for our children. Now here our system tries to cultivate the dreams of the parent in reality by implementing the curriculum as just like the bunch of the knowledge among the individual and to change all these we want that the role of the family should be changed in terms of the real development of child so that education system is also work on these issues because if society demand the change in the education system it will come automatically.

- Role of the family in the child development should be active.
- Family do not impose any type of the desire on their children try to give freedom to their children to leave their life naturally

- Family plays a role as a real motivator doesn't impose the unnecessary stress on the child to become a successful individual .
- Family gives the opportunity to their children to develop their own individual identity with out any pressure.
- As responsible family member don't compare your child performance with others or siblings.
- Being responsible parents try to become supportive element in the life of the children and don't create the unnecessary hurdles in the development process of the child.

Change required in the present education system

- Make the child realize that each and every child is important in this world and their role of being as human beings is so important.
- Create that type of curriculum which develops the child naturally not artificially
- Make the process of imparting knowledge so interactive in such a manner so that every child has their own role in the process of development
- Don't consider only academic achievement as the benchmark for the success of an individual
- Try to develop that type of attitude in which being an individual no one is the perfect in this world and realise them even if you achieve the greatest success in your life still there is scope for development so always create the learning attitude among the individual

Conclusion:-

In this paper we basically discussed the issues related to the process of development of child in the education system. We realize that this process is so mechanical in real terms that after achieving the professional success an individuals fight for their survival in the life and for this fight they are not yet prepared by the education system not only this the situation faced by the student is some how result of the mechanical education system only. For that we have suggested how the role of family and education system will be changed so that we develop our children holistically and also we prepare them for any type of the adverse condition.

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